

LET YOUR BABY BREATHE

DON'T PLACE FACE COVERINGS ON CHILDREN UNDER AGE 2



Babies airways are smaller, so breathing through a mask is even harder on them. If they are having a hard time breathing, infants are unable to take the mask off themselves and could suffocate.

If you are breastfeeding and have symptoms of illness, you can continue to breastfeed but in order to decrease the chance of spreading the illness to your infant, make sure you wash your hands before touching your baby. Wear a mask when holding and/or breastfeeding your baby. If you are pumping, wash your hands before touching the pump or bottle parts and then clean all parts after use by washing parts that are washable with hot soapy water or using disinfectant wipes on parts that are not washable.